

**PARKWAY WEST
MIDDLE SCHOOL**



**AFTER SCHOOL
ACTIVITIES**

NOVEMBER 8, 2017 – FEBRUARY 15, 2018

STUDENT ACTIVITIES

West Middle believes extracurricular activities are an important part of the middle school years. Participation in intramural sports and clubs can help enhance academics as well as social skills in our students. After school activities teach students school spirit, sportsmanship and encourage time management.

We offer a variety of clubs and activities and welcome other suggestions. Activities will start promptly at 3:20 P.M. and end at 4:20 P.M. Activity buses will be provided to take students home. All buses will depart from West Middle between 4:25 – 4:45 P.M. A list of the bus runs is provided in the back of this booklet. **If your child is a car rider, please make arrangements to pick up as close to 4:20 P.M. as possible.** We are looking forward to having all students involved in making this a fun experience that enhances sportsmanship as well as friendship at West Middle.

If you have any questions about intramural sports, please contact Kevin Bueltemann at 314-415-7452.

SPORTS/RECREATIONAL ACTIVITIES



Intramural sports will be offered after school on Monday, Wednesday, and Thursday. All students interested are welcome to participate. Students must sign-up in the cafeteria or with a sponsor before they can participate each day. Students will need to check the Daily Announcements for their grade level activity. We offer inter-district competition with other middle schools for certain sports such as, Basketball, Cross Country, Fleetball, Soccer, Softball, Track & Field, Volleyball and Wrestling. All competitions are co-ed. All interested need to be dressed out and ready to go in the gym by 3:20 P.M. All intramural sports will end at 4:20 P.M.

WEST MIDDLE SCHOOL PROCEDURES FOR AFTER SCHOOL ACTIVITIES

West Middle School provides a variety of after school activities including intramural sports, clubs, organizations, volunteer opportunities, mixers, Fine Arts performances, academic competitions and help sessions. All students are encouraged to participate in as many activities as time and interest allow. These opportunities provide a time to enjoy being with old friends, making new friends, working with teachers, and gaining valuable experiences.

As you remain after school for activities, and to insure the safety and well-being of all students, please keep the following in mind:

1. You must report to the activity by 3:20 P.M. All students must be with a faculty member during the activity period. We are responsible for you; you cannot be in any area of the school or grounds without a faculty member present.
2. Participate effectively in the activity. Display cooperation, respect and responsibility. Everyone is counting on you to be a positive member of the activity.
3. Stay in the activity until the teacher dismisses you at 4:20 P.M. Go to your locker and then to cafeteria to catch your bus. Go to the front office if you are being picked up or you are walking home.
4. While waiting for your bus, demonstrate the same positive behavior expected of you at other times.

You must be an active participant in the after school activity. Our program does not allow for spectators. Get involved! Enjoy the benefits from all the opportunities your teachers provide you!

IMPORTANT! In the event that a student remains after school and does not report to an activity by **3:20 P.M.**, the student must report to the office and discuss the situation with an administrator. If the situation is beyond the student's control, the student will be assigned a place to study during the period. If the situation is not beyond the student's control, the student will be given a warning to insure that this does not occur again.

If the student stays after school without an activity, he/she will be referred to the grade level administrator. Appropriate disciplinary action may result.

THANKS FOR MAKING WEST BEST!

DAYS ACTIVITIES/CLUBS/INTRAMURALS ARE OFFERED

	Monday	Wednesday	Thursday
Activities/Clubs			
Weekly	Alliance Club 6 th Grade Homework Center 7 th Grade Homework Center 8 th Grade Homework Center Treble Choir Yearbook Archery Club	6 th Grade Homework Center 7 th Grade Homework Center 8 th Grade Homework Center Step Team Archery Club Animal Advocates	6 th Grade Homework Center 7 th Grade Homework Center 8 th Grade Homework Center Select Choir Step Team Math Club Fuel up to Play 60 Board Game Club Yearbook Computer Club American Sign Language Dungeons and Dragons-Starts Jan 11,2018
Every Other Week			Student Lighthouse Team Art Club
Monthly	Business Club Book Club		
Intramurals			
Begins January 8,10,11, 2018	Volleyball (6th)	Volleyball (7th)	Volleyball (8th)

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ACTIVITIES & DESCRIPTION

ALLIANCE CLUB - This club is for all kids who are interested in LGBTQ issues and providing a safe school environment for all. There will be lots of food and fun!

Who: Open to all West Middle Students

When: Every Monday

Where: Room 3411

Sponsor: Darlene Hawkerself

ANIMAL ADVOCATES - Animal rights club will work on completing a community-based project regarding animal welfare. Students will decide as a group what this will look like by discussing, designing/planning the project, and implementing their plan. This is a great opportunity to work with others who share a passion for animals like you do.

who: Open to all West Middle Students

When: Every Wednesday

Where: Library

Sponsor: Carissa Dalton

ARCHERY CLUB - Students learn how to shoot target archery in the National Archery in the Schools Program (NASP). Through a series of training session, games and practice sessions, students improve their concentration, eye-hand coordination and aim. Those students who complete the minimum attendance requirements and training sessions will be invited to participate in the "West Middle Sharpshooters" competition team. The Sharpshooters participate in tournaments throughout Missouri from December through April.

Who: Open to all West Middle Students

When: Every Monday & Wednesday

Where: Small Gym

Sponsors: Rick Hasler & Krystalynn Glore

ART CLUB - The art club will focus on artwork for the school building. This may include, but is not limited to the following: Posters for school events, bulletin boards, school mural, and/or art contests. This is a fun way to create art while giving back to your school.

Who: Open to all West Middle Students

When: Two Thursdays a month (please check dates on activity board or the art room)

Where: Room 2400

Sponsor: Anna Hurlbert

ASL – American Sign Language is for any student who is interested in learning ASL and wants to practice their signing and understanding skills is welcome.

Who: Open to all West Middle Students

When:Thursdays

Where: Room 3400

Sponsor: Aaron Delbruegge

BAND – Students will receive one on one tutoring for their specific instrument. This class will be taught by high school students. You will sign up for lessons one week in advance and lesson schedules will be emailed to you on Sundays.

Who: Current Band Students

When: Every Monday, Wednesday and Thursday

Where: Band Room

Sponsors:Angelete Frein

BASKETBALL – Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students will compete against other Parkway Middle Schools in a basketball tournament.

Who: Open to all West Middle students

When: November/December - meet weekly- 6th grade Mondays, 7th grade Wednesdays & 8th grade Thursday

Where: Big and Small Gym

Sponsors:Tony McNabb, Mike Carmi, Kody Stricklin

BOARD GAME CLUB - Come join a fun group of people to play games! We play all sorts of board games from Monopoly to Life to Settlers of Catan! We'll meet every Thursday after school.

Who: Everyone is welcome!

When: Every Thursday

Where: Rm 3202

Sponsors: Emma Bauman & Casey Gagliano

BOOK CLUB - West Middle Book Club will read and discuss a different book choose a variety of books throughout to meet many different interests. Mrs. Ruzicka and Mrs. Chaney will do their best to borrow a copy of each book for club members, but it might be necessary to visit your local public library for some of the books we read.

Who: Open to all West Middle students who love to read

When: Once a month (Mondays)

Where: Room 3311

Sponsors: Kristin Ruzicka & Sara Chaney

BUSINESS CLUB - You will learn different techniques to help you achieve your dream of owning your own business.

Who: Everyone is welcome!

When: Once a month (Mondays)

Where: Rm 3322

Sponsors: Alyssa Broadway

COMPUTER CLUB- Are you a computer expert who would like to share their knowledge, learn more, or simply want to use your talent for something other than explaining how to open Chrome? Or, do you know nothing about programming or other computer skills, but would like to? No matter what you know or don't know about programming or other computer skills, there is a good chance you will enjoy Computer Club.

Who: Open to all West Middle students

When: Thursdays

Where: Room 3617

Sponsors: Tracy Heaton

Dungeons and Dragons—you Looking to escape reality ,slay dragons and encounter demogorgons? Then Join Dungeons and Dragons. You and your friends tell a story together, guiding your heroes through quests for treasures, battles with deadly foes, daring rescues, courtly intrigue, and much more. Enter the world of heroic fantasy every Thursday and be the master of your own domain.

Who: Open to all West Middle students

When: Thursdays, Starts January 11, 2018

Where: Room 3102

Sponsors: Mrs. Megl

FUEL UP TO PLAY 60 CLUB – Student Ambassadors are the coaches of their in-school wellness program through Fuel Up to Play 60 club activities. The student leaders will help promote healthy eating and being physically active. They will also recruit students to the program. The goal is to help all students improve the school's wellness community.

Who: Open to all West Middle Students

When: Thursdays

Where: Room 3112

Sponsors: Kevin Wallace & Krystalynn Glore

JAZZ BAND – Are you a 7th or 8th grade instrumental student that is interested in learning the “American Music” known as Jazz? This will be a performing group and will have a concert.

Who: 7th and 8th grade instrumental students

When: Mondays after school and Thursdays before school

Where: Band Room 2214

Sponsor: Angelete Frein

MATH CLUB – This club will meet once a week to prepare for math competitions. At first, everyone is welcome. Then after the school wide math competition, the top scoring students will continue to work with Mr. Glasson in preparation for the upcoming competitions.

Who: Open to all West Middle Students

When: Every Thursday

Where: Room 3624

Sponsors: Eric Glasson

PARKWAY DISTRICT MIDDLE SCHOOL STEP TEAM – Parkway District Middle School Step Team is a place where students will learn to step. The roots of stepping can be traced to African Traditions of chanting and dancing, as well as military drills and Motown R&B acts such as The Temptations. Later it evolved to incorporate dancing and intricate stomping of the feet and slaps to the body. Those Students who complete the minimum attendance requirements and training sessions will be invited to participate on the competition team. The team participates in competitions in St. Louis and also travels out of town to compete nationally.

Who: Open to all West Middle Students

When: Wednesday & Thursday

Where: Room 3617 (Business)

Sponsors: Lauren Kortas & Sheila Heitz

SELECT CHOIR – If you have an interest in GREAT music and GREAT singing, please sign up outside Ms. Feste's room to audition on either September 8th or 15th in Ms. Feste's choir room. Please be prepared to sing 60 – 120 seconds of any song. If you cannot make the auditions, please contact cminnis@parkwayschools.net or sfeste@parkwayschools.net. We would be happy to find another time to hear you sing. Members may be current choir students, but it is not a requirement.

Who: Select Choir is an auditioned group of advanced musicians.

When: Thursday

Where: Room 2406

Sponsors: Sarah Feste

STUDENT LIGHTHOUSE TEAM – Student Lighthouse Team is a leadership opportunity for students. Character Council will work to plan community building service projects, provide a student voice for the staff, and make decisions for the good of the school.

Who: All students who are interested

When: Every other Thursday

Where: Library

Sponsor: Dr. Miller

6TH GRADE HOMEWORK CENTER – Homework center is a quiet place for 6th graders to complete their homework. Students must have an hour's worth of homework and/or a book to read when their homework is completed. Students need to sign up on a daily basis in the cafeteria by 7th period. Students are allowed to bring in a healthy snack.

Who: 6th grade students – maximum 30 students

When: Monday, Wednesday & Thursday

Where: Room 3318

Sponsors: Shelly Moelm

6TH GRADE SELECT HOMEWORK CENTER – Select students, no more than 5, will be asked to stay with Mrs. Hyatt for individual assistance with homework. This will be a quiet time for students to catch up on missing assignments.

Who: Select 6th grade students – maximum 5 students

When: Monday, Wednesday & Thursday

Where: Room 3307

Sponsors: Mrs. Hyatt

7th GRADE HOMEWORK CENTER – The Homework center is a place where students can work quietly on their homework. This is the perfect time to receive support from a core teacher. Students must have homework or a reading book to keep quiet for the entire hour. Please sign up in the cafeteria daily.

Who: 7th grade students – maximum 20 students

When: Monday, Wednesday & Thursday

Where: Room 3218

Sponsors: Rose Sapp, Taylor Wilmas, Kim Ramirez and Dione Heilich

8th GRADE HOMEWORK CENTER – The Homework center is a place where students can work quietly on their homework. This is the perfect time to receive support from a core teacher. Students must have homework or a reading book to keep quiet for the entire hour. Please sign up in the cafeteria daily.

Who: 8th grade students

When: Monday, Wednesday & Thursday

Where: Room 3502

Sponsors: Lauren Kortas, Sheila Heitz, Elizabeth Atz

SOCIAL JUSTICE LEADERSHIP CLUB – Participants in this club will explore aspects of their own culture and identity and learn about the culture of others. The students will develop school-wide activities to raise awareness and promote respect in our school community.

Who: Open to all West Middle students

When: TBD

Where: TBD

Sponsor: Lisa Burks

TREBLE CHOIR – This non-auditioned group of singers will join together to sing a wide variety of music. No experience is necessary--only an interest in singing. You may join at any time. We will perform at the Fall and Spring Choral Concerts--November 10th and May 10th at West Middle.

Who: Treble Voices

When: Every Monday

Where: Room 2604

Sponsors: Sarah Feste

VOLLEYBALL – Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students will compete against other Parkway Middle Schools in a volleyball tournament.

Who: Open to all West Middle students

When: Starts January 8- meet weekly- 6th grade Mondays, 7th grade Wednesdays & 8th grade Thursday

Where: Big and Small Gym

Sponsors: Molly Benson, Krystalynn Glore

YEARBOOK – Students will work with West High School Students and the yearbook company, Herff-Jones, to create the West Middle 2017-2018 Yearbook. Students who are interested in digital photography, writing content and captions, organization, and editing will learn and create the yearbook. This is an excellent opportunity to prepare for journalism classes at West High School.

Who: Open to all West Middle students

When: Every Monday & Thursday

Where: Room 3101

Sponsor: Rick Hasler

If you do not see an activity you are interested in, be sure to check back often either online or in our daily announcements.

We anticipate adding new activities throughout the year.

2018 Intramural Schedule

Volleyball Tournament

- 6th Grade - Wednesday, February 21 at Southwest Middle at 3:30
- 7th Grade - Wednesday, February 21 at Southwest Middle at 3:30
- 8th Grade - Thursday, February 22 at Southwest Middle at 3:30

Volleyball

- 6th Grade will meet on Mondays starting January 8
- 7th Grade will meet on Wednesday starting January 10
- 8th Grade will meet on Thursdays starting January 11

Parkway West Middle Activity Runs

Activity runs are by PM bus runs. Locate your PM bus run to determine which activity bus will take you home after school activities. After schools activities end at 4:20 pm.

Red Line (#86)	Yellow Line (#145)	Blue Line(#61)	Green Line (#64)	Pink Line (#81)
8	57 MOSAICS	61	31	64 Cedar Springs, Willow Bend. Manderleigh Woods
64 Green Lantern, Mansion Hill	175 MOSAICS	145	64 Penny Ln. Gardenway	140 Topping-Thornhill, Pingry
166		152	86	
177		176 Highland Ridge, Wildwood PKWY, Wildbrier	136	184 Laurel Lakes, Featherstone Dr, S. Mason, Kings Glen
180		178	139 Tammany Ln, Clayton Hills, Hickory Woods, Daylight Cir	
184 Weidman, Devonworth		179	140 Cabernet, Broomstick	
187 Old Woodsmill, Southmill, Brookmill, Fox Creek			166 Chancellor Heights, Burgundy	

			176 Iron Lantern, Brooktree, Quinnmoor	
			187	